

# Lucrezia Abruzzo

Date of birth: Nationality: Gender: Gender:	
Phone number: ( Email address:	
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#### ABOUT ME

I am a bachelor's degree in biological sciences and a master's degree (with honneurs) in agricultural biotechnology for the agro-food chain.

Both of my theses were focused on sustainable food systems, the second experimental thesis (in collaboration with University of Reading) also involved carrying out a consumer survey.

In my university career: as a student representative for my course of study I had to mediate teacher-student relationships.

As a student member of the quality assurance section (review group and steering committee) with a view to responsibility for the course, I collaborated towards the goal of continuous improvement of results. I'm extremely interested in everything concerning environmental sustainability, wellness and the correlation with food systems.

I define myself as a very organized, disciplined and precise person, I am very demanding in the professional field, however I also have high skills for team-work.

I have a B2 level of English obtained through an exam during my studies.

For personal reasons I also lived abroad (Detushland, Munich) for a few years.

# EDUCATION AND TRAINING

01/10/2018 - 26/07/2021 Ferrara, Italy

DOTTORESSA IN SCIENZE BIOLOGICHE Università degli studi di Ferrara

Website https://www.unife.it/it

Field of study Biology, Biochemistry, Environmental sciences, Chemistry, Physics, Mathematics, Statistics

Final grade 108/110 |

**Thesis** EVALUATION OF THE SUSTAINABILITY OF CURRENT FOOD MODELS THROUGH THE COMPARATIVE ANALYSIS OF THE LIFE CYCLE

01/10/2021 - 17/07/2023 Ferrara, Italy

**DOTTORESSA IN BIOTECNOLOGIE AGRARIE PER LA FILIERA AGRO-ALIMENTARE** Università degli studi di Ferrara

Website https://www.unife.it/it

**Field of study** Crop and livestock production, Inter-disciplinary programmes and qualifications involving agriculture, forestry, fisheries and veterinary

Final grade 110/110 con Lode | Thesis CONSUMER PREFERENCES FOR ENVIRONMENTAL-FRIENDLY FOODS

# LANGUAGE SKILLS

Mother tongue(s): ITALIAN

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

### DIGITAL SKILLS

Conoscenze molto buone di Microsoft Office (Word, Access, Power Point) | Esperienza con piattaforme digitali (Teams, Skype, Google Meet, Zoom) | Microsoft applications | Google applications | Conoscenze di STATA | Social Media

## ADDITIONAL INFORMATION

#### **DRIVING LICENCE**

**Driving Licence: B** 

# **PROJECTS**

01/03/2023 - CURRENT

**CONSUMER PREFERENCES FOR ENVIRONMENTAL-FRIENDLY FOODS - survey** We need to improve our understanding towards consumer preferences and their information-or misinformation-and awareness towards environmental-friendly foods choices. Therefore, this research (in collaboration with University of Reading) is an exploratory study designed to provide a descriptive account of consumer perceptions and beliefs about the meaning of "environmental-friendly" food. The present work aims to understand the degree to which Italian and British consumers are informed or misinformed about products considered environmental-friendly, in order to maximize our knowledge, given the different lifestyles between the two countries, different eating habits, very different food and wine history and culture.

#### **HOBBIES AND INTERESTS**

**Passionate about reading and cultural enrichment** I consider myself passionate about reading and cultural enrichment. In my free time I read a lot and get information through updating platforms (e.g. audio, video, magazines...) especially with reference to topics that I am passionate about: environmental sustainability, wellness, food systems, healthy eating, food sustainability, marketing, current events.

### COMMUNICATION AND INTERPERSONAL SKILLS

**Student representative member** In my university career: as a student representative for my course of study I had to mediate teacher-student relationships.

As a student member of the quality assurance section (review group and steering committee) with a view to responsibility for the course, I collaborated towards the goal of continuous improvement of results. Managing the process of self-assessment and review of critical issues and corrective actions implemented to resolve them, i.e. the process by which the course monitors its progress and evaluates its results, adopting a procedure agreed at university level and in line with the main forms of self-assessment adopted in Europe.

### **GENERAL SKILLS**

#### Extra

I'm extremely interested in everything concerning environmental sustainability, wellness and the correlation with food systems.

I define myself as a very organized and precise person, I am very demanding in the professional field, however I also have high skills for team-work.

I also consider myself a very disciplined person, thanks also to my sporting career which allowed me to reach the black belt in karate.

For personal reasons I also lived abroad (Detushland, Munich) for a few years: this allowed me to interface with different cultures, societies and habits from my native country.

During my last course of study I was able to approach different subjects than my basic training, in particular: economics and marketing with a focus on food sustainability. In fact I was able to learn